

BUFFALO, NY

(Buffalo-Niagara Falls, NY MSA)

COUNTIES

Erie, Niagara

Ranking: Total Score = 50.2; Rank = 23

STRENGTHS/ADVANTAGES

- Higher percentage eating 5+ servings of fruits/vegetables per day
- More farmers' markets per capita
- Higher percent bicycling or walking to work
- More ball diamonds per capita
- More golf course per capita
- More park units per capita
- More swimming pools per capita
- Higher level of state requirement for Physical Education classes

OPPORTUNITIES/CHALLENGES

- Lower median household income
- Higher percentage of households below poverty level
- Higher percent with asthma
- Higher percent with angina or coronary heart disease
- Higher death rate for cardiovascular disease
- Lower percent of city land area as parkland
- Fewer acres of parkland per capita
- Lower percent using public transportation to work
- Fewer dog parks per capita
- Fewer recreation centers per capita
- Fewer tennis courts per capita
- Lower park-related expenditures per capita

DESCRIPTION OF BUFFALO-NIAGARA FALLS, NY MSA

	Buffalo MSA	U.S. Value	MSA Average	MSA Range
Population	1,123,804	307,006,550	3,325,885	1,123,804 – 19,069,796
Percent less than 18 years old	21.5%	24.3%	24.6%	20.2% – 29.4%
Percent 18 to 64 years old	62.7%	62.8%	63.6%	60.5% – 66.9%
Percent 65 years old and older	15.8%	12.9%	11.8%	7.9% – 17.2%
Percent male	48.3%	49.3%	49.2%	48.1% – 51.1%
Percent high school graduate or higher	88.8%	85.3%	86.7%	77.6% – 92.5%
Percent White	82.9%	74.8%	72.3%	49.8% – 88.6%
Percent Black or African American	12.1%	12.4%	15.0%	1.7% – 44.5%
Percent Asian	1.9%	4.5%	5.1%	1.2% – 30.2%
Percent Other Race	3.1%	8.3%	7.6%	1.9% – 24.5%
Percent Hispanic/Latino	3.6%	15.8%	15.1%	1.2% – 53.4%
Percent unemployed	9.4%	9.9%	9.8%	6.4% – 16.3%
Median household income	\$45,811	\$50,221	\$55,331	\$43,633 – \$85,168
Percent of households below poverty level	10.9%	10.5%	9.5%	4.9% – 15.1%
Violent crime rate/100,000*	514.6	429.4		
Percent with disability	13.3%	12.0%	11.0%	7.4% – 14.5%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM AMERICAN FITNESS INDEX™ COMPONENTS

Personal Health Indicators – Score = 44.8; Rank = 30.5

	Buffalo MSA	U.S. Value	MSA Average	MSA Range
Health Behaviors				
Percent any physical activity or exercise in the last 30 days	74.3%	76.2%	77.2%	70.4% – 85.9%
Percent physically active at least moderately	45.0%	51.0%	48.7%	36.4% – 58.1%
Percent eating 5+ servings of fruits/vegetables per day	28.6%	23.4%	24.4%	15.8% – 30.0%
Percent currently smoking	17.3%	17.9%	17.0%	8.8% – 25.3%
Chronic Health Problems				
Percent obese	26.2%	26.9%	25.9%	18.1% – 34.3%
Percent in excellent or very good health	57.7%	56.0%	56.8%	46.4% – 66.6%
Any days when physical health was not good during the past 30 days	37.0%	35.5%	35.3%	29.5% – 40.3%
Any days when mental health was not good during the past 30 days	35.6%	33.7%	34.4%	23.8% – 41.9%
Percent with asthma	9.4%	8.8%	8.3%	4.5% – 11.9%
Percent with angina or coronary heart disease	4.2%	3.8%	3.6%	2.4% – 5.6%
Percent with diabetes	8.1%	8.3%	8.3%	5.4% – 11.6%
Death rate/100,000 for cardiovascular disease	234.2	206.7	201.0	131.7 – 268.6
Death rate/100,000 for diabetes	20.4	22.5	21.9	9.9 – 31.4
Health Care				
Percent with health insurance	91.1%	85.6%	86.3%	77.3% – 94.4%

Community/Environmental Indicators – Score = 55.2; Rank = 19

(note: most of these data were available only for the main city in the MSA)

	Buffalo	MSA Average	Range of all Cities
Built Environment			
Parkland as percent of city land area	8.3%	10.6%	2.5% – 25.3%
Acres of parkland/1,000	8.0	18.9	2.3 – 94.1
Farmers' markets/1,000,000	17.8	14.8	1.0 – 41.0
Percent using public transportation to work	3.6%	4.3%	0.4% – 30.5%
Percent bicycling or walking to work	3.5%	2.8%	1.2% – 6.7%
Recreational Facilities			
Ball diamonds/10,000	3.0	2.0	0.3 – 5.7
Dog parks/10,000	0.4	0.9	0.0 – 5.7
Park playgrounds/10,000	2.3	2.3	0.9 – 4.8
Golf courses/100,000	1.5	1.0	0.0 – 5.0
Park units/10,000	7.8	4.2	1.2 – 10.9
Recreation centers/20,000	0.5	1.1	0.1 – 2.6
Swimming pools/100,000	3.7	3.1	0.6 – 9.2
Tennis courts/10,000	1.6	2.1	0.8 – 6.9
Park-related expenditures per capita	\$12	\$101.5	\$12.0 – \$259.0
Level of state requirement for Physical Education classes**	3	2.5	0 – 3
Number of primary health care providers per 100,000	99.6	93.2	46.8 – 133.7

**3 = required at three levels: high school, middle school and elementary school; 2= required at two levels; 1= required at only one level