

HARTFORD, CT

(Hartford-West Hartford-East Hartford, CT MSA)

Ranking: Total Score = 63.8; Rank = 12

Areas of Excellence (at or better than target goal):

- Higher percent consuming 2+ fruits per day
- Lower death rate for diabetes
- Higher percent of city land area as parkland
- More farmers' markets per capita
- Higher percent bicycling or walking to work
- Higher Walk Score®
- More ball diamonds per capita
- More golf courses per capita
- More park units per capita
- More recreation centers per capita
- More swimming pools per capita
- More tennis courts per capita
- Higher level of state requirement for Physical Education classes

Improvement Priority Areas (worse than 20% of target goal):

- Lower percent consuming 3+ vegetables per day
- Higher percent obese
- Higher percent of days when physical health was not good during the past 30 days
- Higher percent of days when mental health was not good during the past 30 days
- Higher percent with asthma
- Higher percent with angina or coronary heart disease
- Higher percent with diabetes
- Fewer dog parks per capita
- Lower park-related expenditures per capita

Description of Hartford-West Hartford-East Hartford, CT MSA

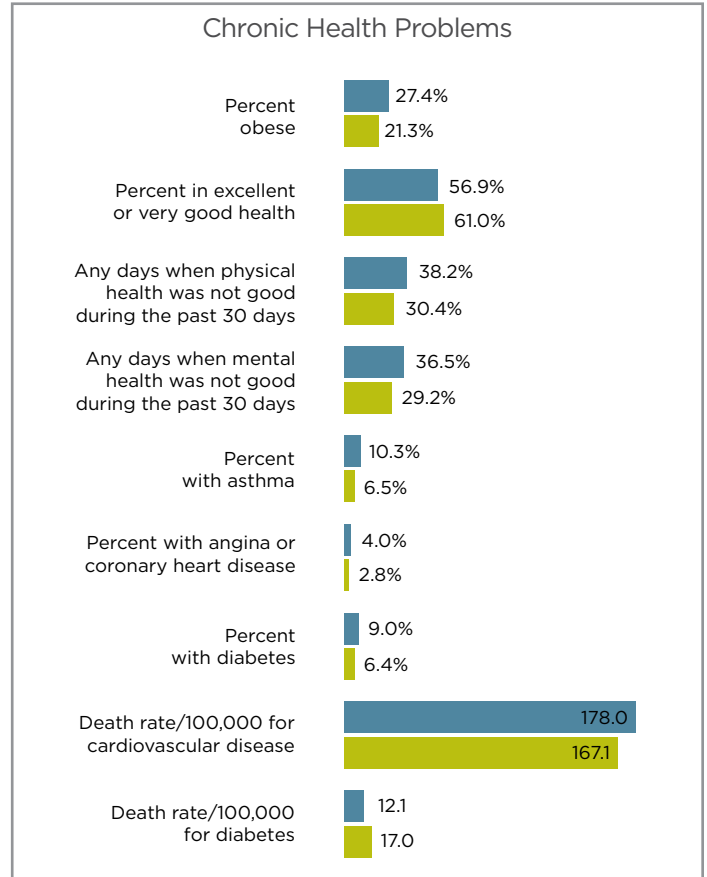
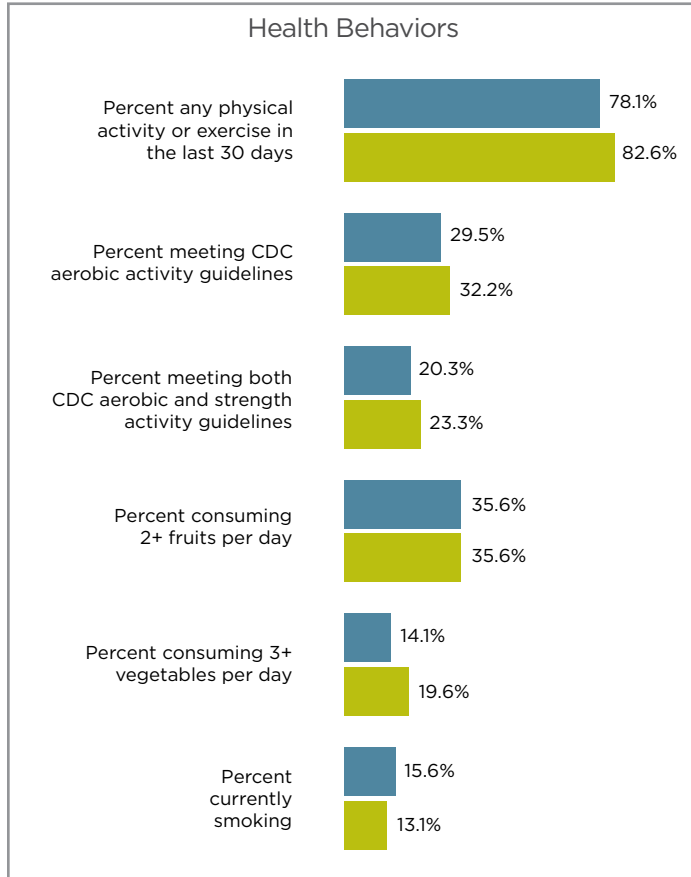
Population	1,214,400
Percent less than 18 years old	21.5%
Percent 18 to 64 years old	63.5%
Percent 65 years old and older	15.0%
Percent male	48.6%
Percent high school graduate or higher	89.9%
Percent White	78.2%
Percent Black or African American	10.8%
Percent Asian	4.2%
Percent Other Race	6.8%
Percent Hispanic/Latino	13.2%
Percent unemployed	9.3%
Median household income	\$66,732
Percent of households below poverty level	7.7%
Violent crime rate/100,000*	285.8
Percent with disability	10.8%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas

ACSM American Fitness Index™ Components

Personal Health Indicators - Score = 61.9 Rank = 17

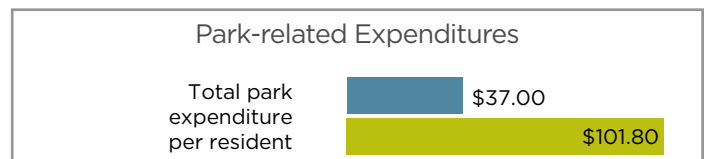
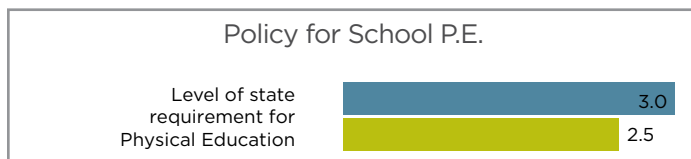
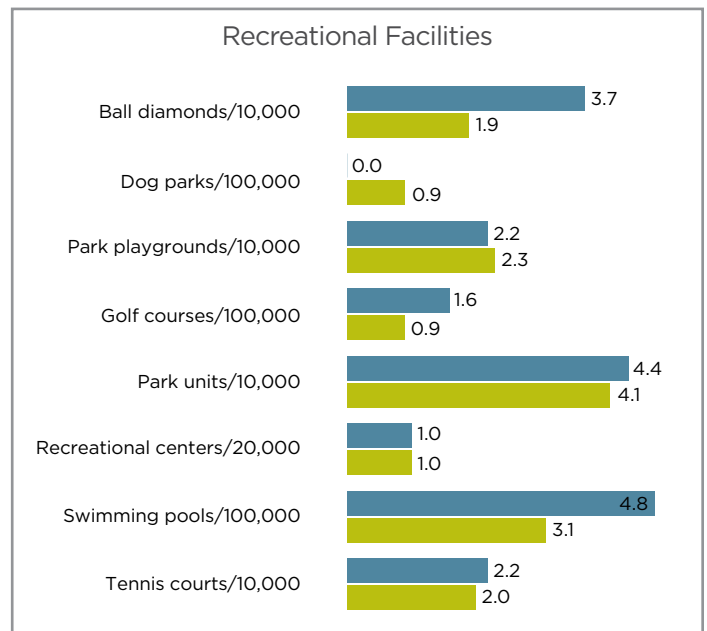
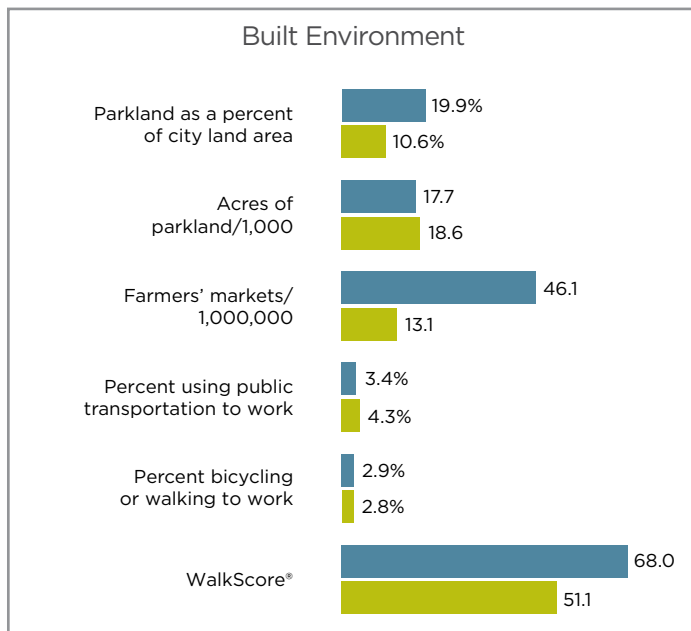
■ Hartford ■ Target Goal*



Community/Environmental Indicators - Score = 65.7 Rank = 7

(note: most of these data were available only for the main city in the MSA)

■ Hartford ■ Target Goal**



*The target goal for the Personal Health Indicators that did not change was the 90th percentile for MSAs during 2008-2012. For the new personal health indicators the target goals were 90% of the 2014 values.
 **The target goal for the Community/Environmental Indicators that did not change was the MSA average for 2008 to 2012. New community indicators target goals were an average of the 2014 values.