VIRGINIA BEACH, VA

(Virginia Beach-Norfolk-Newport News, VA-NC MSA)

Total Score = 54.6; Rank = 19

Areas of Excellence (at or better than target goal):

- Lower percent of days when mental health was not good during the past 30 days
- Higher percent of city land area as parkland
- More acres of parkland per capita
- More farmers' markets per capita
- Higher percent bicycling or walking to work
- More ball diamonds per capita
- More park playgrounds per capita
- More golf courses per capita
- More park units per capita
- More tennis courts per capita
- Higher park-related expenditures per capita
- Higher level of requirement for Physical Education classes

Improvement Priority Areas (worse than 20% of target goal):

- Lower percent consuming 3+ vegetables per day
- Higher percent currently smoking
- Higher percent obese
- Higher percent with asthma
- Higher percent with angina or coronary heart disease
- Higher percent with diabetes
- Higher death rate for diabetes
- Lower percent using public transportation to work
- Lower Walk Score®
- Fewer recreation centers per capita
- Fewer swimming pools per capita

Description of Virginia Beach-Norfolk-Newport News, VA-NC MSA

Population	1,716,624
Percent less than 18 years old	22.5%
Percent 18 to 64 years old	64.6%
Percent 65 years old and older	12.9%
Percent male	49.0%
Percent high school graduate or higher	90.2%
Percent White	59.6%
Percent Black or African American	30.8%
Percent Asian	3.8%
Percent Other Race	5.8%
Percent Hispanic/Latino	6.3%
Percent unemployed	4.5%
Median household income	$58,871.00
Percent of households below poverty level	9.5%
Violent crime rate/100,000*	308.6
Percent with disability	11.8%

*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas.

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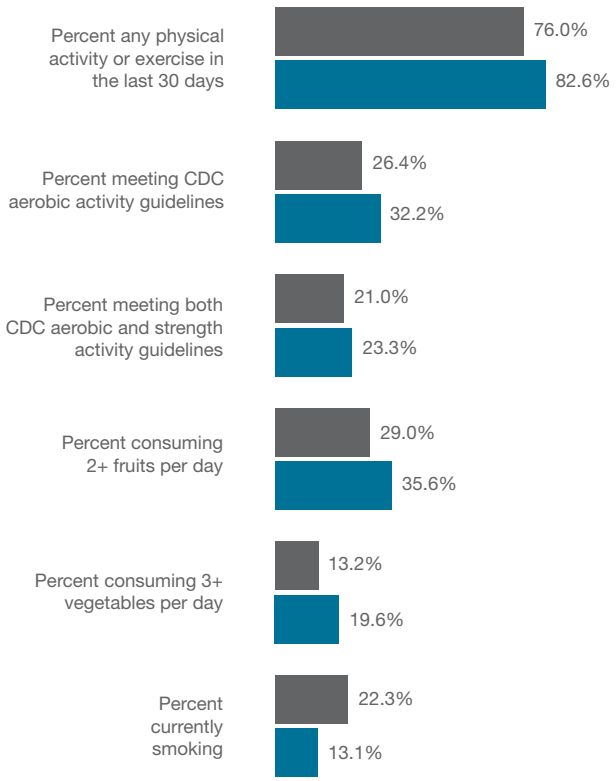
ACSM American Fitness Index® Components

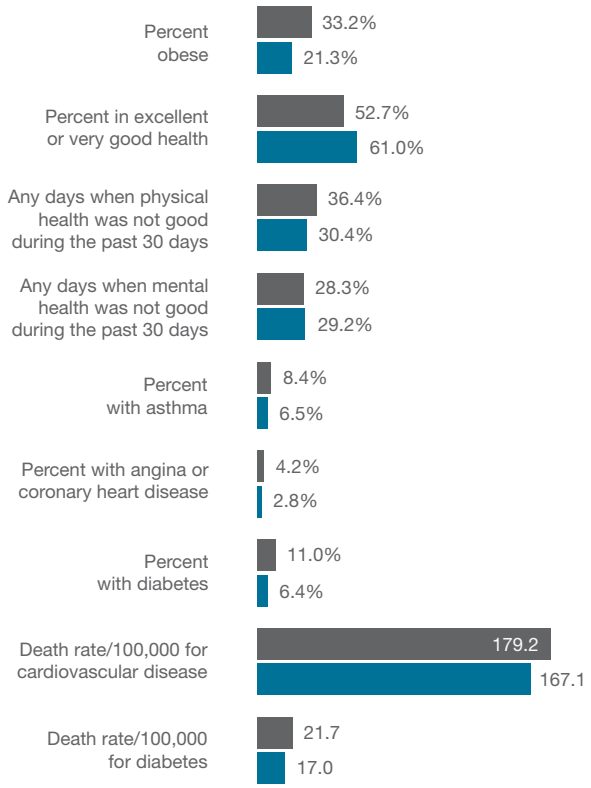
Personal Health Indicators – Score = 46.8; Rank = 31

Virginia Beach | Target Goal*

Health Behaviors



Chronic Health Problems

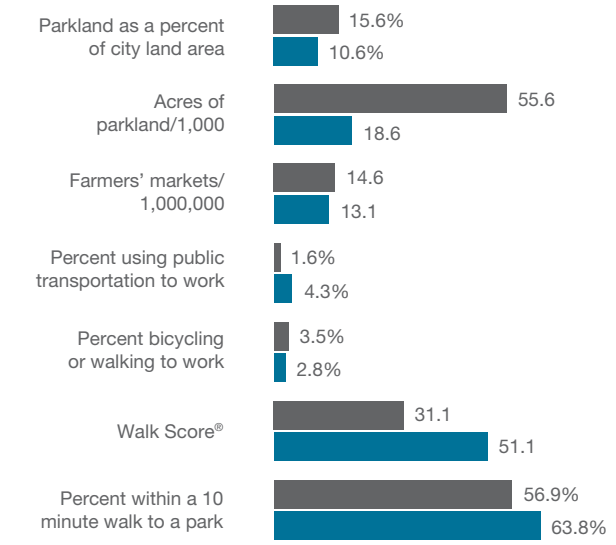


Community/Environmental Indicators – Score = 62.2; Rank = 13

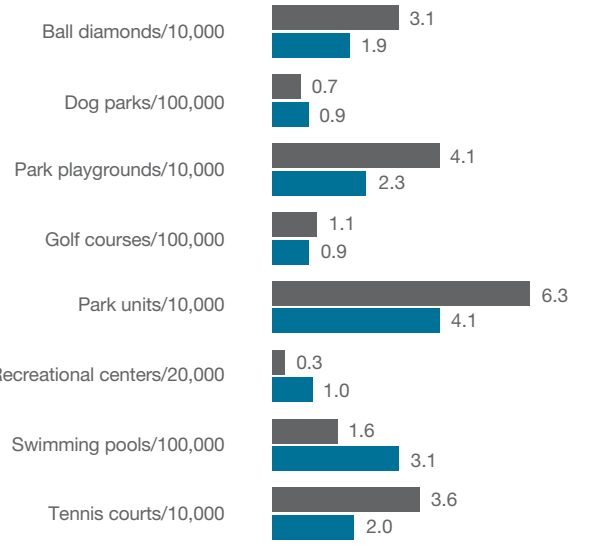
(note: most of these data were available only for the main city in the MSA)

Virginia Beach | Target Goal**

Built Environment



Recreational Facilities



Policy for School P.E.****

Park-related Expenditures

*The target goal for the Personal Health Indicators that did not change was the 90th percentile for MSAs during 2008-2012. For the new personal health indicators the target goals were 90% of the 2014 values.
**The target goal for the Community/Environmental Indicators that did not change was the MSA average for 2008 to 2012. New community indicators target goals were an average of the 2014 values.
****In 2015, this measure included P.E. required by the state only, while in 2016, this measure included P.E. required by the school district or state.