

CINCINNATI, OH

(Cincinnati, OH-KY-IN MSA)

Total Score = 56.4; Rank = 16

Areas of Excellence (at or better than target goal):

- Higher percent of city land area as parkland
- More acres of parkland per capita
- More farmers' markets per capita
- More ball diamonds per capita
- More dog parks per capita
- More park playgrounds per capita
- More golf courses per capita
- More park units per capita
- More recreation centers per capita
- More swimming pools per capita
- More tennis courts per capita
- Higher park-related expenditures per capita

Improvement Priority Areas (worse than 20% of target goal):

- Lower percent meeting both CDC aerobic and strength activity guidelines
- Lower percent consuming 2+ fruits per day
- Lower percent consuming 3+ vegetables per day
- Higher percent currently smoking
- Higher percent obese
- Higher percent with asthma
- Higher percent with angina or coronary heart disease
- Higher percent with diabetes
- Higher death rate for diabetes
- Lower percent using public transportation to work
- Lower percent bicycling or walking to work
- Lower level of state requirement for Physical Education classes

Description of Cincinnati, OH-KY-IN MSA

Population	2,137,406
Percent less than 18 years old	24.4%
Percent 18 to 64 years old	62.3%
Percent 65 years old and older	13.3%
Percent male	48.9%
Percent high school graduate or higher	89.6%
Percent White	83.0%
Percent Black or African American	12.0%
Percent Asian	2.1%
Percent Other Race	2.9%
Percent Hispanic/Latino	2.8%
Percent unemployed	7.6%
Median household income	\$53,378
Percent of households below poverty level	10.7%
Violent crime rate/100,000*	285.2
Percent with disability	12.4%

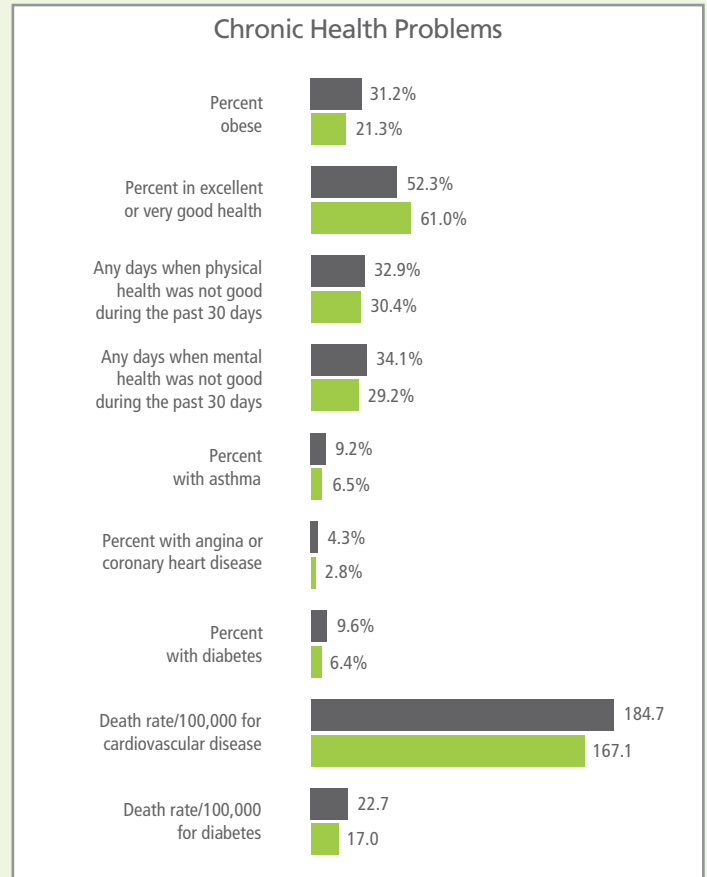
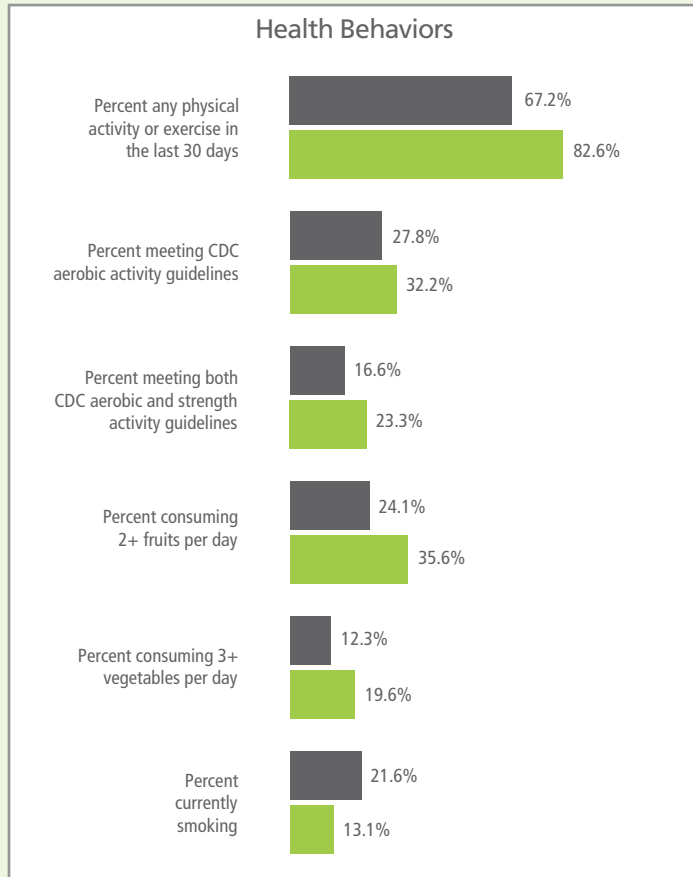
*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas.

Supported by Anthem Blue Cross and Blue Shield Foundation

ACSM American Fitness Index® Components

Personal Health Indicators – Score = 39.5; Rank = 38

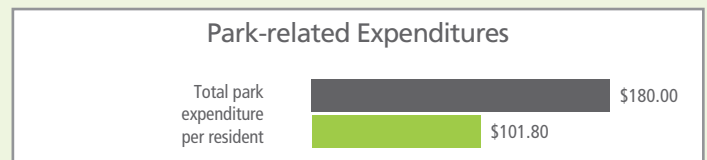
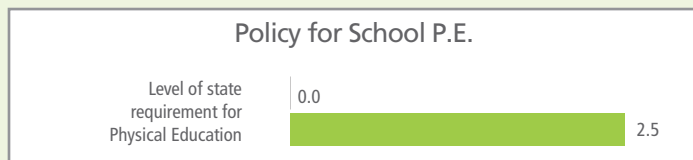
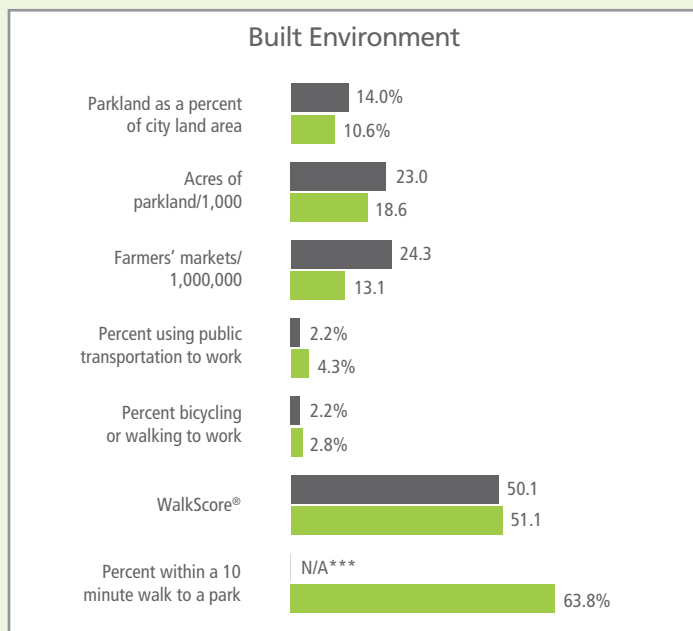
■ Cincinnati ■ Target Goal*



Community/Environmental Indicators – Score = 72.3; Rank = 3

(note: most of these data were available only for the main city in the MSA)

■ Cincinnati ■ Target Goal**



*The target goal for the Personal Health Indicators that did not change was the 90th percentile for MSAs during 2008-2012. For the new personal health indicators the target goals were 90% of the 2014 values.
 **The target goal for the Community/Environmental Indicators that did not change was the MSA average for 2008 to 2012. New community indicators target goals were an average of the 2014 values.
 ***This measure was unavailable for this MSA. The community/environmental indicator score and total score were adjusted to allow fair comparisons with the other MSAs.