

# RICHMOND, VA

(Richmond, VA MSA)

## Total Score = 55.0; Rank = 18

### Areas of Excellence (at or better than target goal):

- Lower death rate of diabetes
- More farmers' markets per capita
- More dog parks per capita
- More park playgrounds per capita
- More park units per capita
- More recreation centers per capita
- More swimming pools per capita
- More tennis courts per capita

### Improvement Priority Areas (worse than 20% of target goal):

- Lower percent meeting CDC aerobic activity guidelines
- Higher percent consuming 3+ vegetables per day
- Higher percent currently smoking
- Higher percent obese
- Higher percent with asthma
- Higher percent with angina or coronary heart disease
- Higher percent with diabetes
- Lower percent of city land area as parkland
- Fewer acres of parkland per capita
- Lower percent using public transportation to work
- Fewer golf courses per capita
- Lower park-related expenditures per capita
- Lower level of state requirement for Physical Education classes

### Description of Richmond, VA MSA

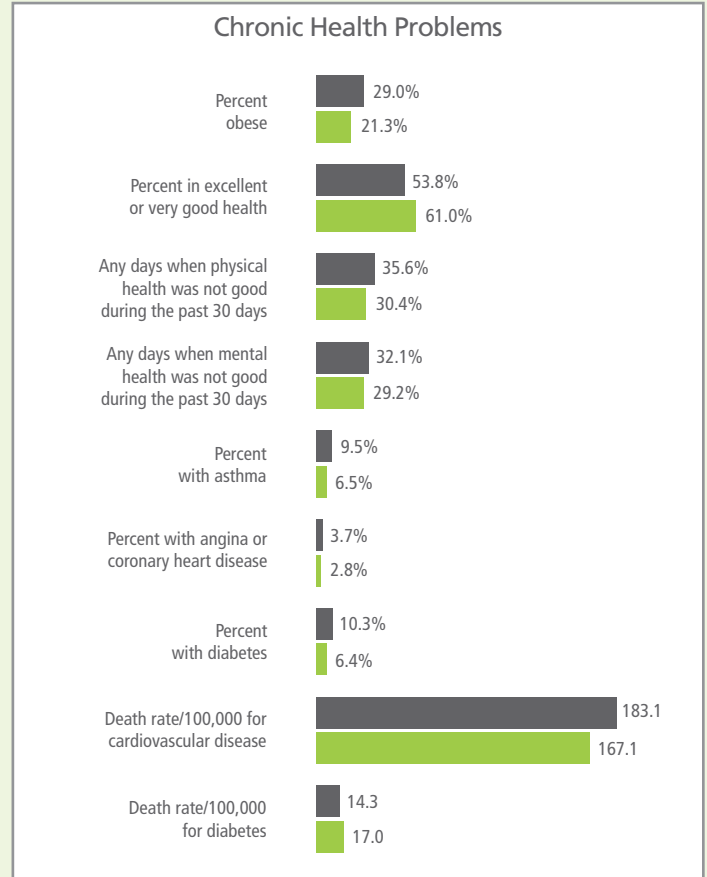
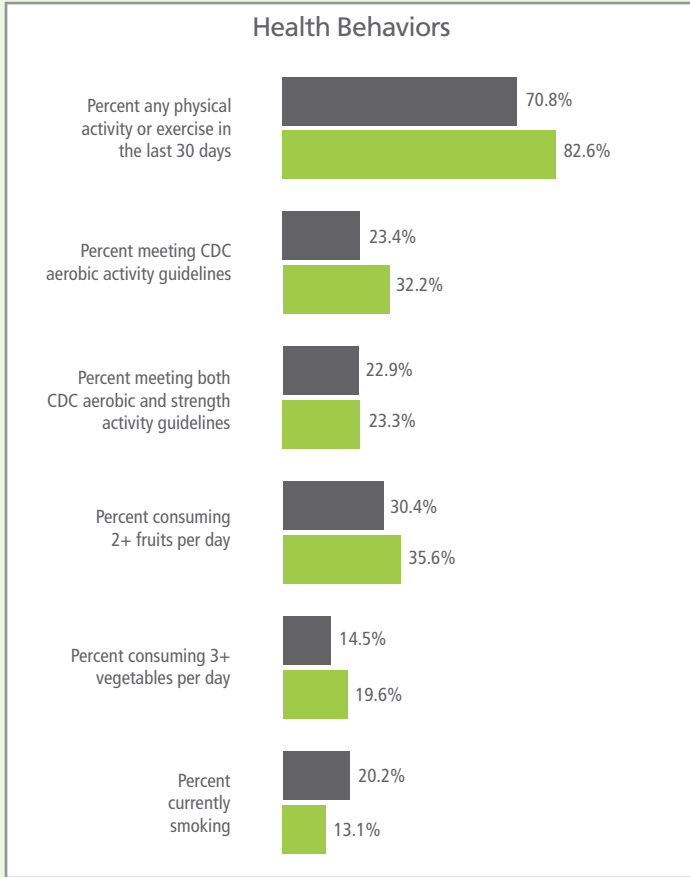
Population	1,245,764
Percent less than 18 years old	22.6%
Percent 18 to 64 years old	64.1%
Percent 65 years old and older	13.3%
Percent male	48.3%
Percent high school graduate or higher	87.8%
Percent White	60.8%
Percent Black or African American	30.3%
Percent Asian	3.5%
Percent Other Race	5.4%
Percent Hispanic/Latino	5.6%
Percent unemployed	7.9%
Median household income	\$57,286
Percent of households below poverty level	10.5%
Violent crime rate/100,000*	243.8
Percent with disability	12.3%

\*Due to differences in jurisdictional definitions and reporting, the FBI recommends that these rates not be compared across areas.

# ACSM American Fitness Index® Components

Personal Health Indicators – Score = 54.1; Rank = 19

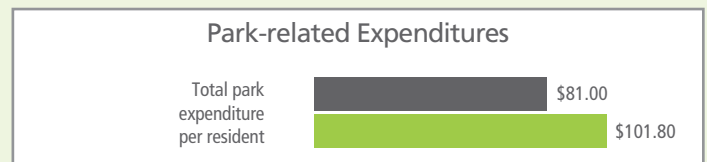
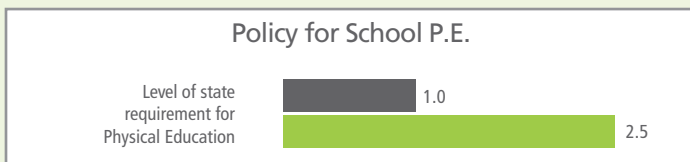
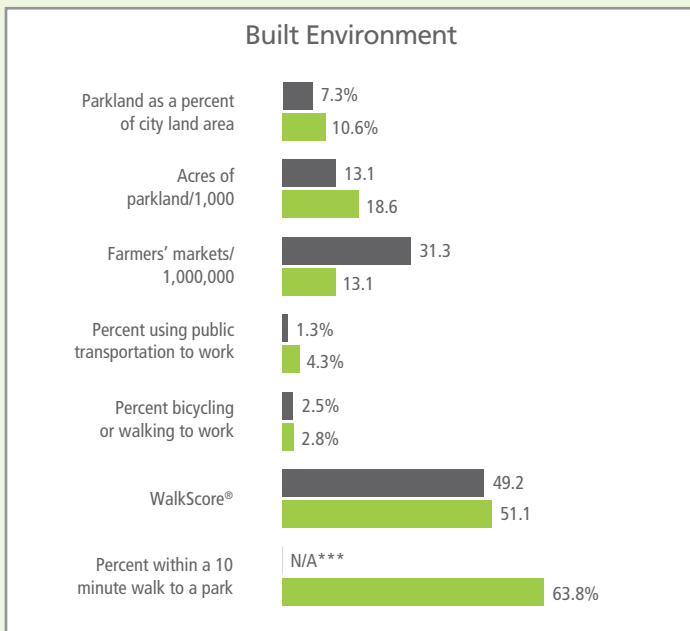
Richmond Target Goal\*



Community/Environmental Indicators – Score = 56.0; Rank = 21

(note: most of these data were available only for the main city in the MSA)

Richmond Target Goal\*\*



\*The target goal for the Personal Health Indicators that did not change was the 90th percentile for MSAs during 2008-2012. For the new personal health indicators the target goals were 90% of the 2014 values.  
 \*\*The target goal for the Community/Environmental Indicators that did not change was the MSA average for 2008 to 2012. New community indicators target goals were an average of the 2014 values.  
 \*\*\*This measure was unavailable for this MSA. The community/environmental indicator score and total score were adjusted to allow fair comparisons with the other MSAs.