WASHINGTON, DC: PROFILE OF A FIT CITY

2015 TOTAL SCORE = 79.6
RANK = 1

- High number of recreational centers
- High total park expenditure
- Low percent of population with diabetes
- Low percent of population with angina or coronary heart disease
- High percent of population using public transportation to get to work
- High percent of population living within a 10 minute walk to a park
- High percent of parkland as city land area

To view the full report, visit: www.americanfitnessindex.org