Promote efforts to provide fruits and vegetables in a variety of settings, such as farmers’ markets and farm stands.

Improve the availability and identification of healthful foods in restaurants.

Convert neglected areas to community gardens.

Align bus routes or provide other transportation to ensure residents can access supermarkets easily.

Increase public safety efforts to enhance accessibility to healthy foods.

The Path to a Culture of Health: The Policy, Systems and Environmental Change Approach for Community-Based, Healthy Eating