



## 2019 Data Sources, Averages, and Ranges

Personal Health Indicator	Source	100 City Average	Minimum	Maximum
% exercising in the last 30 days	2017 BRFSS (County Data) - CDC	75.2	56.7	92.6
% meeting aerobic activity guidelines	2017 BRFSS (County Data) - CDC	51.2	36.6	65.0
% meeting aerobic & strength activity guidelines	2017 BRFSS (County Data) - CDC	22.0	13.1	32.9
% bicycling or walking to work	2017 American Community Survey -US Census	4.46	0.7	17.7
% using public transportation to work	2017 American Community Survey -US Census	7.07	0.2	55.8
% consuming 2+ fruits/day	2017 BRFSS (County Data) - CDC	33.4	21.9	46.6
% consuming 3+ vegetables/day	2017 BRFSS (County Data) - CDC	16.4	8.2	29.5
% smoking	2017 BRFSS (County Data) - CDC	15.1	6.5	24.4
% in excellent or very good health	2017 BRFSS (County Data) - CDC	50.5	23.5	71.4
% physical health not good during the past 30 days	2017 BRFSS (County Data) - CDC	34.8	24.8	44.4
% mental health not good during the past 30 days	2017 BRFSS (County Data) - CDC	36.4	27.1	48.9
% with obesity	2017 BRFSS (County Data) - CDC	28.7	16.3	44.9
% with asthma	2017 BRFSS (County Data) - CDC	9.1	3.4	18.5
% with high blood pressure	2017 BRFSS (County Data) - CDC	30.3	20.2	41.5
% with angina or coronary heart disease	2017 BRFSS (County Data) - CDC	3.3	0.0	7.7
% with stroke	2017 BRFSS (County Data) - CDC	2.9	0.4	9.6
% with diabetes	2017 BRFSS (County Data) - CDC	10.0	4.1	19.6
Pedestrian fatality rate/100,000 residents	2016 National Highway Traffic Safety Admin	2.2	0.0	5.8



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Community/Environment Indicator	Source	100 City Average	Minimum	Maximum
Air quality index	2017 Environmental Protection Agency	61.7	10.4	98.3
Bike Score®	2018 Walk Score	50.1	23.0	81.9
Farmers markets/1,000,000 residents	2018 Farmers Markets Directory - USDA	18.5	0.0	82.1
Parks/10,000 residents	2017 Trust for Public Land	4.1	1.3	11.3
% within a 10-minute walk to a park	2017 Trust for Public Land	66.4	26.0	100.0
Walk Score®	2018 Walk Score	48.1	22.1	89.2
Ball diamonds/10,000 residents	2017 Trust for Public Land	1.7	0.2	5.2
Basketball hoops/10,000 residents	2017 Trust for Public Land	3.7	0.7	28.3
Park playgrounds/10,000 residents	2017 Trust for Public Land	2.6	0.7	7.0
Recreational centers/20,000 residents	2017 Trust for Public Land	0.9	0.1	2.9
Swimming pools/100,000 residents	2017 Trust for Public Land	2.4	0.0	10.9
Tennis courts/10,000 residents	2017 Trust for Public Land	2.0	0.0	6.9
Local Complete Streets policy	2018 National Complete Streets Coalition	1	0	2
Park expenditure/resident (adjusted)	2017 Trust for Public Land	\$98	\$13	\$382
Physical education requirement	2016 Shape of the Nation	2.2	0	3