



2020 Ranking - Boston, MA

	Highest Ranked City's Score	100 City Average	Boston, MA
Overall Rank & Score	#1 Arlington, VA (84.3)		#10 (67.2)
Personal Health Rank & Score	#1 Arlington, VA (89.8)		#25 (62.9)
Health Behaviors			
% exercising in the last 30 days	Lubbock, TX (86.9)	77.4	75.8
% meeting aerobic activity guidelines	Madison, WI (65.0)	51.1	50.8
% meeting aerobic & strength activity guidelines	Arlington, VA (32.9)	21.9	22.9
% bicycling or walking to work	Boston, MA (17.7)	4.5	17.7
% using public transportation to work	New York, NY (55.9)	7.0	32.2
% consuming 2+ fruits/day	Madison, WI (46.6)	33.5	25.8
% consuming 3+ vegetables/day	Washington, DC (29.5)	16.3	12.6
% smoking	Lubbock, TX (3.4)	14.5	11.8
Health Outcomes			
% in excellent or very good health	San Francisco, CA (68.1)	50.2	52.9
% physical health not good during the past 30 days	Charlotte, NC (26.6)	35.9	36.2
% mental health not good during the past 30 days	Newark, NY (27.3)	37.7	39.5
% with obesity	Arlington, VA (13.9)	29.0	19.6
% with asthma	Houston, TX (4.1)	9.3	10.2
% with high blood pressure	Boston, MA (20.2)	30.2	20.2
% with angina or coronary heart disease	Laredo, TX (0.0)	3.6	2.2
% with stroke	San Francisco, CA (0.5)	3.2	2.3
% with diabetes	Corpus Christi TX (2.2)	10.1	8.5
Pedestrian fatality rate/100,000 residents	St. Paul, MN (0.3)	2.6	1.3
Community/Environment Rank & Score	#1 St. Paul, MN (77.4)		#14 (72.9)
Built Environment			
Air quality index	Honolulu, HI (98.1)	61.0	65.2
Bike Score®	Minneapolis, MN (83.5)	54.1	70.5
Farmers markets/1,000,000 residents	Washington, D.C. (82.6)	18.7	38.9
Parks/10,000 residents	Madison, WI (11.1)	4.0	5.5
% within a 10-minute walk to a park	Boston, MA & San Francisco, CA (100)	69.7	100
Walk Score®	New York, NY (89.2)	48.1	80.9
Recreational Facilities			
Ball diamonds/10,000 residents	St. Paul, MN (5.2)	1.7	1.8
Basketball hoops/10,000 residents	Norfolk, VA (16.2)	3.3	3.3
Park playgrounds/10,000 residents	Madison, WI (6.9)	2.4	2.8
Recreational centers/20,000 residents	Baton Rouge, LA (2.9)	0.9	0.9
Swimming pools/100,000 residents	Cleveland, OH (11.0)	2.2	3.0
Tennis courts/10,000 residents	Richmond, VA (6.0)	1.9	1.3
Policy & Funding			
Local Complete Streets policy	Multiple (2)	1	1
Park expenditure/resident (adjusted)	Minneapolis, MN (\$263)	\$99	\$111
Physical education requirement	Multiple (3)	2.2	3
City Population	New York, NY (8,398,748)	646,134	694,583