



2020 Ranking - San Diego, CA

	Highest Ranked City's Score	100 City Average	San Diego, CA
Overall Rank & Score	#1 Arlington, VA (84.3)		#11 (66.9)
Personal Health Rank & Score	#1 Arlington, VA (89.8)		#7 (76.6)
Health Behaviors			
% exercising in the last 30 days	Lubbock, TX (86.9)	77.4	79.9
% meeting aerobic activity guidelines	Madison, WI (65.0)	51.1	57.9
% meeting aerobic & strength activity guidelines	Arlington, VA (32.9)	21.9	25.8
% bicycling or walking to work	Boston, MA (17.7)	4.5	4.2
% using public transportation to work	New York, NY (55.9)	7.0	3.7
% consuming 2+ fruits/day	Madison, WI (46.6)	33.5	40.6
% consuming 3+ vegetables/day	Washington, DC (29.5)	16.3	17.5
% smoking	Lubbock, TX (3.4)	14.5	13.0
Health Outcomes			
% in excellent or very good health	San Francisco, CA (68.1)	50.2	55.2
% physical health not good during the past 30 days	Charlotte, NC (26.6)	35.9	31.0
% mental health not good during the past 30 days	Newark, NY (27.3)	37.7	36.0
% with obesity	Arlington, VA (13.9)	29.0	23.1
% with asthma	Houston, TX (4.1)	9.3	8.0
% with high blood pressure	Boston, MA (20.2)	30.2	26.0
% with angina or coronary heart disease	Laredo, TX (0.0)	3.6	1.9
% with stroke	San Francisco, CA (0.5)	3.2	1.9
% with diabetes	Corpus Christi TX (2.2)	10.1	10.0
Pedestrian fatality rate/100,000 residents	St. Paul, MN (0.3)	2.6	3.1
Community/Environment Rank & Score	#1 St. Paul, MN (77.4)		#39 (54.0)
Built Environment			
Air quality index	Honolulu, HI (98.1)	61.0	20.0
Bike Score®	Minneapolis, MN (83.5)	54.1	43.0
Farmers markets/1,000,000 residents	Washington, D.C. (82.6)	18.7	14.7
Parks/10,000 residents	Madison, WI (11.1)	4.0	3.3
% within a 10-minute walk to a park	Boston, MA & San Francisco, CA (100)	69.7	79.0
Walk Score®	New York, NY (89.2)	48.1	50.9
Recreational Facilities			
Ball diamonds/10,000 residents	St. Paul, MN (5.2)	1.7	2.2
Basketball hoops/10,000 residents	Norfolk, VA (16.2)	3.3	2.8
Park playgrounds/10,000 residents	Madison, WI (6.9)	2.4	1.9
Recreational centers/20,000 residents	Baton Rouge, LA (2.9)	0.9	1.0
Swimming pools/100,000 residents	Cleveland, OH (11.0)	2.2	0.9
Tennis courts/10,000 residents	Richmond, VA (6.0)	1.9	1.1
Policy & Funding			
Local Complete Streets policy	Multiple (2)	1	2
Park expenditure/resident (adjusted)	Minneapolis, MN (\$263)	\$99	\$133
Physical education requirement	Multiple (3)	2.2	3
City Population	New York, NY (8,398,748)	646,134	1,425,976